

K.K.WAGH POLYTECHNIC, NASHIK.

HIRABAIHARIDAS VIDYANAGARI, AMRUTDHAM, PANCHAVATI, NASHIK-422003

Pate of Report: 28/08/2023

Department/Section:

Sports Session

Activity Summary Report

Title of Activity: First Year Induction Program - Sports Session

Date of Activity: 19/08/2023 Type of Activity: Induction Program
Activity for Class: FYCM-LIN, WIN, MAC Total Students Attended: 167

Resource Person(s) Name and

Designation:

Mr.Sarang Naik

Sports Teacher KKWP, Nashik

Contact :9923332950

Email-id:ss.naik@kkwagh.edu.in

PointsDiscussed:

- What is HEALTH
- Importance of Health
- Daily Routine- Eating Habits, Exercise
- Towards making a healthy and fit society through exercise and sports.
- How Sports are important
- Participation in various Sports
- Indoor Games-
 - 1. Gymnasium
 - 2. Sona Bath
 - 3. Steam Bath
 - 4. Yoga Room
 - 5. Table Tennis Hall
 - 6. Chess and Carom
- Out Door Games:
 - 1. Athletic Track and Field
 - 2. Cricket Field
 - 3. Football Field
 - 4. Two Lawn Tennis Court
 - 5. Two Volleyball Court
 - 6. Basketball Court

Tournaments & Coaching camp Organize

- Under SPP university Nashik dist. Intercollegiate Tournament
- Karmaveer Premier League (inter department)
- Karmaveer State Level Invitational Tournament (KSF)
- Maffick Tournament

Mapped POs:PO2, PO3,PO4,PO8,PO9,PO10





Outcomes/Conclusion: To empower the engineering community with team building, sportsmanship, leadership skill and make the individuals competent by providing fitness training to enhance their concentration capabilities while making them mentally and physically fit to face the real life challenges. Students gets intereste in sports and exercises which helps them to build their body.